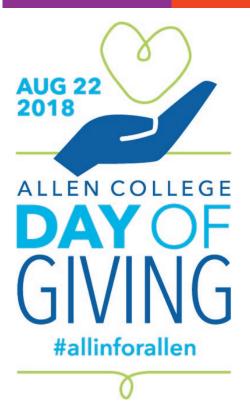


# Allen College Communicator



Philanthropy has built Allen College, and philanthropy is what will help the College continue to flourish.

#### On Wednesday, August 22, 2018,

Allen College is having its first ever Day of Giving. Be a part of something bigger and help make an impact for the simulation program at Allen College.

Class of 1962 graduate Ginny McBride and her husband Mike have donated a generous matching gift of \$50,000 toward a new simulation manikin in honor of Dr. Jerry Durham, chancellor of Allen College from 2005-2018.

Every dollar you contribute will be matched and have double the impact. Together, we can help grow the simulation program at Allen College to better prepare exceptional healthcare students. (Read more about the importance of simulation education on page 4.)

Believe what you do makes a difference, because it does.

Help us spread the word and stay up to date by joining our Facebook Event – Allen College Day of Giving.

#### **How to Make Your Gift**

- Make a gift to the Allen Foundation in person or by mail: 1825 Logan Ave., Waterloo, IA 50703.
- Make a gift online at www.unitypoint.org/waterloo/ allen-college-day-of-giving.
- If employed at UnityPoint
   Health Waterloo, you may give
   through payroll deduct or by
   donating PTO.

Contact the Allen Foundation at (319) 235-3960 with any questions!

**Thank you** for supporting Allen College in its efforts to educate students through new and innovative ways.



Associate Professor Dr. Jacki Jaspers gives a demonstration with the simulation manikin.

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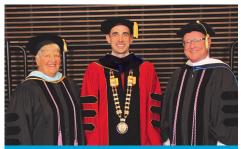
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### Reflections on six months as President

On January 2, 2018, I succeeded Dr. Jerry Durham, the retired Chancellor of Allen College as President. After six months of leading Allen College I wanted to share my reflections on the journey.

By far, the highlight of my presidency thus far was presiding over my first commencement activities in May. Commencement is always such a special time for our graduates and their families. To stand on the stage with each graduate and shake her or his hand and share my congratulations on their accomplishment is something I wish everyone could experience.



Allen College past and present leaders: L-R: Dr. Jane Hasek, Dr. Jared Seliger and Dr. Jerry Durham

Even though all Allen College graduations are special for our graduates, the May 2018 ceremony was personally special because the ceremony was attended by Drs. Jane Hasek and Jerry Durham, Chancellors emeriti of Allen College. To have three

generations of Allen College leadership together for my first commencement is something I will cherish forever.

The final special memory of the May 2018 commencement was being able to confer an honorary doctorate degree to Jerry Durham. Jerry's leadership over the last 12 years made Allen College the preeminent nursing and health profession's college in the state of lowa. Allen College is a testament to Jerry's legacy of visionary leadership, dedication, and desire for excellence.

Transitioning into the Presidency certainly had its challenges, of which one of the biggest was leading the campus through the Higher Learning Commission reaffirmation site visit that occurred in April.

The reaffirmation process occurs only once every ten years and the preparation for the evaluation visit takes about two years. The entire campus was involved and engaged in the reaffirmation preparation and our success is a direct result of the talent and dedication of every team member who works at Allen College.

I would also like to acknowledge the role that Dr. Nancy Kramer played in the process. Dr. Kramer oversaw



Dr. Jared Seliger, President

the entire process and spent innumerable hours ensuring all materials were the best representation of the quality of work performed at Allen College.

During my first six months as President, I also celebrated my ten year anniversary of joining the team at Allen College on July 1, 2008. It is surreal to think of the evolution of Allen College during that time. The physical campus has grown, the number of programs has grown, our enrollment numbers have increased, and we have more faculty and staff working here than any other time in our history.

I view my primary responsibility as President is leading the campus to ensure we continue the trajectory of growth and success that we have experienced over the last ten years. While it will certainly not be easy, it is completely obtainable because of the great people that I get to work with. Allen College is so fortunate to be blessed with team members who are completely dedicated to fulfilling the mission of our institution.

Being surrounded by such a great team will ensure that Allen College will continue to be a pillar of health sciences and nursing education.

### In Remembrance

#### **Pauline Barrett**

Friend and Benefactor February 9, 2018

#### **Dorothy I. Frye**

Former Faculty
Allen Memorial Hospital School of Nursing
March 11, 2018

#### **Annabelle Frances (Lund) Irvine**

Allen Memorial Hospital School of Nursing Class of 1947 June 17, 2018

#### Kristine (Blake) Martinson

Allen Memorial Hospital School of Nursing Class of 1989 June 19, 2018

#### Marilyn L. Meythaler

Allen Memorial Hospital School of Nursing Class of 1957 March 28, 2018

#### **Eunice Rocca**

Allen Memorial Hospital School of Nursing Class of 1945 July 17, 2018

#### Dr. Eddie Sage

Scholarship benefactor November 13, 2017

#### **Ethyl Pauline Sage Adsit**

Allen Memorial Hospital School of Nursing Class of 1948 September 1, 2017

#### **Christine Sarsfield**

Allen College Class of 2000 January 22, 2018

#### **Goldie Stottrup**

Allen Memorial Hospital School of Nursing Class of 1948 April 2, 2018

#### **Ronald Thompson**

Scholarship benefactor March 2, 2018

# **UnityPoint Health – Allen Foundation**

### Allen College receives more than \$90,000 in grant funding

The Allen Foundation grant services team of Mary Kunkle and Adrienne Urban is pleased to announce that Allen College has been awarded several grants over the past few months. A very special thank you to the funders whose generosity has made these Allen College projects possible.

- \$10,000 from the Max and Helen Guernsey Charitable Foundation
  - This grant helped fund the 2018 Summer Nurse & Health Careers Camp. Camp is a six-week summer session that introduces a diverse group of local high school students to nursing and healthcare careers. This camp is one of Allen College's pipeline programs to reach high school students and help them to meet their educational and employment goals. Thank you to Dr. Doreen Mingo, camp coordinator, for championing the efforts to receive this grant.
- \$2,700 from ACT Corporate Giving
   A \$2,700 gift from ACT Corporate Giving sponsored six
   students to attend the 2018 Allen College Summer Nurse &
   Health Careers Camp. Thank you Dr. Mingo for your
   continued input and efforts.
- \$25,000 from the Cedar Valley United Way The Cedar Valley United Way awarded \$25,000 to Allen College with \$20,000 earmarked for the ACE-SAP Free Clinic and the remaining \$5,000 being awarded to the Summer Nurse & Health Careers Camp. We are proud to say that Adrienne Urban's ACE-SAP Free Clinic application received the top score in the health category. Many thanks to Dr. Ruselle DeBonis and Dr. Doreen Mingo for their hard work on these endeavors.
- \$17,000 from the Community Foundation of Northeast Iowa
  This grant helps to support the ACE-SAP Free Clinic, which
  was established in fall of 2008 as a partnership between
  Allen College and the local Salvation Army to provide free
  healthcare for the underserved. Congratulations to Dr.
  Ruselle DeBonis for championing the efforts to receive this
  grant.
  - The ACE-SAP Free Clinic is unique in that it has a
    preventive care focus emphasizing full health histories,
    head-to-toe exams, free cholesterol and glucose
    screening, education, and referral for other services as
    necessary.
  - The clinic also offers psychiatric care via psychiatric nurse practitioner students in collaboration with Black Hawk-Grundy Mental Health Center and secondary prevention through provision of medications, monitoring supplies, periodic lab fairs, and diabetic foot care.
  - The clinic is coordinated by licensed faculty and primarily staffed by graduate-level nurse practitioner students providing service-learning experiences. Undergraduate nursing, pharmacy and sports medicine students also provide care at the clinic.

- \$9,321 from the National Library of Medicine, National Institutes of Health through the University of Iowa's National Network of Libraries of Medicine office for the Greater Midwest Region
  - The grant for up to \$9,321 will allow Allen College to fund an Iowa Public Health Research Center project. Allen College is a sub-recipient of this award through the University of Iowa, the primary recipient of the grant. This project will allow public health departments from across northeast Iowa to utilize the Allen College Barrett Library for research. Congratulations to Dr. Jeremy Whitaker, director of Allen College's public health program and assistant professor; Dr. Ruth Yan, director of the library; and Tiffanie Garcia, library assistant for championing the efforts to receive this grant.
- \$25,000 from Lincoln Savings Bank (LSB) Foundation LSB Foundation awarded Allen College a \$25,000 grant for the Rehabilitation Sciences Building as part of the For Allen For You Campaign. This grant will help underwrite the project's total \$3.3 million cost to purchase, renovate, and equip the building. The Rehabilitation Sciences Building is Allen College's fifth building and currently houses the Master of Science in Occupational Therapy program and the nursing simulation lab. It will also support a new Doctor of Physical Therapy program expected to enroll its first students in the fall of 2020.

Thank you to Mary Kunkle and Adrienne Urban for their diligent efforts on researching and submitting grants on behalf of Allen College and UnityPoint Health – Waterloo.

Dr. Ruselle DeBonis, nursing professor and MSN clinical coordinator, also received an internal grant from our very own Allen Foundation. The Allen Foundation's IMPACT Allen Hospital Fund solicits program and equipment grant requests that further the mission, vision, and FOCUS values of UnityPoint Health – Allen Hospital. More information can be found at: https://www.unitypoint.org/waterloo/impact-allenhospital-grant-program.aspx.

- \$3,975 UnityPoint Health Allen Foundation IMPACT Grant
  - Dr. DeBonis secured this grant to fund a pilot volunteer Social Determinant Advocate (SoDA) program in Evansdale Family Practice and UnityPoint Clinic Family Medicine Prairie Parkway. These volunteers will act as lay community health workers/navigators to assist patients who have identified social needs (via the social determinants screen) to connect with services that can help to resolve these issues. Work has begun to develop training curriculum, recruitment ideas and qualifications. Dr. DeBonis stated she is very excited about this pilot program as an adjunct to the Poverty Initiative she is overseeing. Congratulations to Dr. DeBonis on this award.

# **Academics**

#### **Simulation Education**

Nursing simulation education has significantly evolved since the days of learning how to do injections by practicing on an orange with a real needle and syringe.

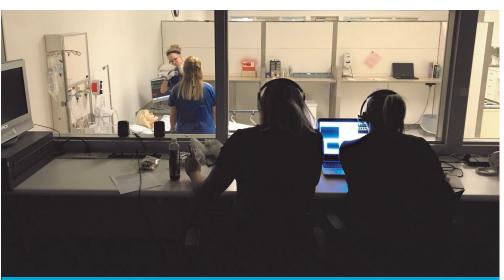
Just as when a pilot uses aviation simulations before practicing their skills in a real airplane, nurses and healthcare providers must practice their skills on pseudo-patients before treating live humans. Simulation-based education is an educational or training method that is used in conjunction with real experiences and interactions. At Allen College, simulation-based education is meant to replicate aspects of the real world in an interactive manner that allows students to be immersed in a controlled healthcare setting. Simulation education is a bridge between classroom learning and actual application at the bedside.

Associate Professor Erin Peters, MSN, RN, received her postgraduate certificate in simulation education from Bryan College of Health Sciences in Lincoln, Nebraska.

"Simulation assists students to learn skills, build confidence, therapeutic communication and teamwork in a safe, realistic clinical environment," says Peters. "Simulation can provide opportunities for students to also see high risk, low volume patients that they may never see during a normal clinical rotation."

At Allen College, students who are scheduled to learn in the simulation lab prepare for different scenarios that they may encounter during their session. When the simulation session begins, the faculty decides which clinical situation the student must navigate through. Students are broken into pairs, which allows for one to practice their skills while the other observes. Once the simulation session is completed, each pairing of students is rotated giving students the opportunity to practice and observe. Then, the faculty who were observing the simulation from a simulation control room debrief with the students. The debriefing includes discussion about what the students did well and what could be improved upon during future scenarios.

"One big benefit is safety for the patient," said Peters. "Simulation allows students to build competence as they progress through their program in an area other than the clinical setting."



Assistant professors, Dr. Emily Schuldt and Dr. Ashley Ollendieck, coordinate the simulations and emulate the patient from a control booth while the nursing students work on the simulation manikin.

Simulation education in the classroom has a multitude of advantages over other forms of hands-on learning. One advantage is the range of easily accessible learning opportunities for students. Students also have the freedom to make mistakes and learn from them in order to realize the consequences of their actions and the need to "get it right." Peters says that as students learn in the simulations, they also build critical thinking and problem solving skills.

Megan Guyer, RN, is a recent graduate from Allen College. She says that using simulation education is a unique way to learn in a practical setting.

"It's a great way to test skills, knowledge and critical thinking in a low risk, life-like situation," said Guyer. "They're great learning experiences."

Allen College hosted a simulation lab open house at McElory Hall on July 19 and 24 to showcase the simulation manikin. Visitors experienced an exclusive and up-close demonstration of the new, state-of-the-art simulation laboratory that includes a realistic manikin to provide students a chance to practice their health care skills in a supervised, risk-free environment.

We are currently raising funds to purchase additional manikins in order to better prepare students for multiple-patient situations. See story on page 1 for how you can help or visit www.unitypoint.org/waterloo/allen-college-day-of-giving.

### Recognitions/ Achievements

- The Allen College Occupational Therapy program received Gold Level recognition for having 100% student membership in the American Occupational Therapy Association (AOTA).
- All the Master of Science in Occupational Therapy students who graduated in December 2017 have taken their National Board for Certification in Occupational Therapy (NBCOT). All 14 graduates passed the examination achieving a 100% pass rate.
- All 12 of the May 2018 graduates of the Associate of Science in Radiography program took the American Registry of Radiologic Technologists (ARRT) certification exam and passed the exam on the first attempt bringing the 2018 first-time pass rate to 100%. One student received a percentile rank of 96.
- The second quarter National Council Licensure Examination (NCLEX) results for registered nurse (RN) certification were recently published. Allen College had a solid second quarter with a first-time pass rate of 96.9%. The year-to-date results remained higher than all state (87.46%) and national (92.91%) averages at a rate of 98.8%. This represents 83 total test-takers.

# **Academics**

### New partnership between Allen College and the University of Northern Iowa

Thursday, May 24, UNI President, Mark Nook, met with Allen College President, Jared Seliger, on the UNI campus to sign a Memo of Understanding between the two colleges that allows graduate students at both institutions to better prepare themselves for management positions in lowa's health care industry.



UNI President Mark Nook and Allen College President Jared Seliger

With the creation of the new Graduate Certificate in Business Administration, which will appear in UNI's Fall 2018-19 Catalog, students holding or concurrently enrolled in a program to earn the Master of Science in Nursing (MSN) will be able to complete graduate business courses designed to prepare them for leadership roles in health care management.

Meanwhile, students enrolled in UNI's Master of Business Administration (MBA) program will be able to specialize in the health care industry's unique human resource issues and practices with courses from Allen's MSN degree program. Iowa Workforce Development has projected Health Care and

Social Assistance as the State's fastest growing sector at 17.1 percent from 2014-2024. The industry faces complex market and political pressures, along with impacts from rapidly changing technology and chronic labor shortages. Management expertise specific to the industry becomes critical as health care organizations navigate these difficult issues.

UNI's Graduate Certificate in Business Administration requires 15 credits, including courses in business strategy and organizational analysis, marketing management, managerial accounting, cross-functional operations, and human resources. The courses are offered as part of UNI's MBA curriculum, scheduled one night per week in 11-week modules to accommodate the demanding schedules of working professionals.

Individuals interested in earning the Graduate Certificate in Business Administration should contact the UNI MBA Office, which administers the program, at 316 Curris Business Building, Cedar Falls, IA 50614, (319) 273-6243 or Allen College at 1825 Logan Ave, Waterloo, IA 50703 (319) 266-2014.



The presidents and academic leaders from both institutions were present for the signing of the agreement.

### **Higher Learning Commission Update**

Four site evaluators from the Higher Learning Commission (HLC), the regional accrediting agency, were on the Allen College campus April 23-24 for a site visit as part of a comprehensive review of the college.

Allen College received preliminary findings of the visit in May, which included information related to the Allen College Assurance Argument and Federal Compliance documents. The College met all of the Assurance Argument criterion with no concerns and was found to be in compliance with all of the Federal Compliance requirements.

Allen College should receive the final accreditation decision sometime this fall.

Thank you to those who submitted third party comments as part of the evaluation process. Your time and efforts are appreciated.

### **Doctor of Physical Therapy Program**

Allen College continues to develop the Doctor of Physical Therapy (DPT) program. Dr. Elisa Zuber, director, has hired two faculty who will start in the fall and will assist with developing the curriculum, coordinating fieldwork sites and completing the necessary paperwork and requirements for program accreditation through CAPTE.

### **Allen College Mission**

Allen College is committed to preparing exceptional healthcare professionals through educational programs of excellence; to developing and sustaining a diverse community of learners, faculty, and staff; and to promoting community service, scholarship, and lifelong learning.

# Service/Community Outreach



# **Nursing Service-Learning Class Goes to Dominican Republic**

On May 12, two nursing faculty accompanied 14 Allen College BSN students to the Dominican Republic (DR) for a three credit hour service-learning course. Prior to traveling, students collected athletic shoes and sports equipment as well as clothing to be donated to a small, rural community called la Piedra, near Santo Domingo. Donations included twelve suitcases of shoes and equipment and monetary donations to purchase medications for the four medical clinics that were provided during the students' trip.

While in the Dominican Republic, the students spent two days shadowing and working in a Women's and Children's hospital and the Air Force Hospital; and two days making home visits to the people living in severe poverty in la Piedra, as well as helping with two medical clinics (one in la Piedra and one in Jabacoa, DR). Students gained invaluable experience as they were immersed in the culture of the Dominican Republic and participated in lots of activities grounded in the community.



#### **Summer Nurse and Health Careers Camp**

On July 20, the seventh annual Summer Nurse and Health Careers Camp (SNHCC) graduated 30 high school students from the six-week camp after they were immersed in nursing and health sciences professions.

Professionals from various careers in the healthcare setting presented to the group Mondays through Thursdays and on Fridays the group visited various healthcare facilities. Additionally the campers worked on their math and science skills, learned about applying and paying for college, etc.

To date, the Allen College camp has enrolled 262 students and graduated 247 for a 94% retention and graduation rate.

Thank you to Dr. Doreen Mingo for her coordination and leadership of the nurse and health careers camp.

### **ALS Caregiver Training Day Teamwork**



Students and faculty from Allen College and the University of Northern Iowa teamed together with the ALS (Amyotrophic Lateral Sclerosis) Association, Iowa Chapter to provide a caregiver training day on March 23. After learning about the impact that ALS can have on a

family, students of occupational therapy, nursing, speech-language pathology, and social work, developed educational stations for caregivers.

Individuals from northeast lowa who are caring for a family member or friend diagnosed with ALS were invited to Allen College to participate. Each caregiver had the opportunity to engage in various interactive educational opportunities presented by the students, such as safe transfers, power wheelchair basics, introduction to adaptive equipment for daily living tasks, bathroom safety, communication devices and assistive technology, g-tube considerations, and tips for taking care of themselves. One caregiver stated, "This information was very valuable. I am thankful that it was offered so close to home"

This interprofessional service learning event also provided an opportunity for students to apply what they are learning in the classroom, gain insight from working with members of the community, and learn from students in other disciplines.

A caregiver training day will be offered again next year and the ALS association is coordinating with other institutions across the state to provide similar events. For more information about ALS education and resources please visit www.alsa.org.

# 2018 Spring Commencement

Allen College awarded 107 degrees and certificates at its commencement ceremony on May 4. The college conferred the following degrees:

#### School of Health Sciences

12 Associate of Science degrees, 16 Bachelor of Health Sciences degrees and one Doctor of Education degree.

#### School of Nursing

47 Bachelor of Science in Nursing degrees, 30 Master of Science of Nursing degrees and one Doctor of Nursing Practice degree.



Dr. Jared Seliger (right) presents the Doctor of Humane Letters degree to Dr. Jerry Durham (center). Left is Dr. JoAn Headington, chair of the Allen College Board of Trustees.

Allen College also conferred an honorary doctoral degree, Doctor of Humane Letters, honoris causa, to Jerry Durham in recognition of Dr. Durham's contributions to Allen College – UnityPoint Health and significant achievements within the nursing profession.



Dr. Cristina Ortiz, first graduate from the EdD program

Allen College celebrated a milestone by graduating its **first graduate from the Doctor of Education (EdD) program**, Dr. Cristina Ortiz. Dr. Ortiz's dissertation was entitled, "Mentoring Experiences of Male Faculty in Nursing."

The commencement speaker was Kevin Vermeer. Kevin Vermeer was named President and CEO of UnityPoint Health (formerly lowa Health System) in January 2016. Kevin received his Bachelor of Science degree in accounting from the University of Nebraska and a

Master of Science degree in Management from New England College in New Hampshire. Kevin participates

locally in community organizations such as the Iowa Business Council and Greater Des Moines Committee. He also serves on the AHA Regional Policy Board, University of Nebraska CBA Advisory Board and the Healthiest State Initiative Board.

UnityPoint Health provides care to millions of patients across lowa, Illinois and Wisconsin in hospitals, clinics and home health settings. With annual revenues of \$4.4 billion, UnityPoint Health maintains strong relationships with more than 290 physician clinics, 38 hospitals in metropolitan and rural communities as well as home care services. Our family of more than 30,000 team members uses shared values to make it easier and more personal to keep health on point, so we can show our people and communities how much they matter.

Special to spring commencement was that Allen College's three leaders were present: founding chancellor from 1989-2005 Dr. Jane Hasek; chancellor from 2005-2018 Dr. Jerry Durham; and current president Dr. Jared Seliger.

#### **Graduation Awards**

The following graduates were recognized during the spring commencement ceremony.

#### Jane E. Hasek Excellence in Nursing Award

The nursing faculty select the graduate who best incorporates the values and beliefs of the mission and philosophy of Allen College in his/her professional and personal life. This award has been named in recognition of the first Chancellor of Allen College, Dr. Jane Hasek, for her visionary leadership in the establishment of the College. The recipient was Carolyn Bolhuis.

#### M. Sue Waschek Baldwin Medical Laboratory Sciences Endowed Award

This award was established by the Waschek and Baldwin families in Sue's memory. The MLS faculty select the most outstanding graduate from the MLS program. The recipient was Ashley Urra.

#### **Allen College Service Award**

Selection of the Service Award is made by the faculty. The faculty nominate a student who has provided outstanding service to the College as an ambassador in the community and demonstrated a strong commitment to the core values espoused in the College philosophy. Recipients were Minea Skrgic and Emily Hanson.

# Faculty/Staff

# **Provost Nancy Kramer to leave Allen family on September 1**



Allen has been a significant part of Allen College Provost Nancy Kramer's life for the past 50 years. Dr. Kramer has devoted her entire professional career to helping patients and educating future healthcare professionals about the challenges that they may face.

If it were not for an opportunity that was presented to her, she may not have had such a noteworthy impact on Allen College.

"I never wanted to be an educator

or administrator, I wanted to be a clinical nurse," said Kramer, who has earned the credentials EdD, CPNP, PMHS, CNE, ARNP and ANEF. "The leadership team at Allen College showed me the opportunity. When doors are opened, you need to give it a try. I'm glad I did because I realized I loved being an educator and administrator."

Throughout her five decades at Allen Hospital and Allen College, Dr. Kramer worked on various clinical units, e.g., Mental Health, Intensive Care Unit, and Pediatrics, and has taught various classes at the bachelor's, master's and doctoral levels. She has served on the Pediatric Nursing Certification Board item review committee, and as a peer evaluator for the National League for Nursing Accrediting Commission, the Commission on Collegiate Nursing Education (CCNE), and the Higher Learning Commission (HLC). She also serves as a team leader for CCNE accreditation site visits and currently serves on the CCNE Substantive Change Review Committee. Dr. Kramer is currently serving her second 3-year term as a governor appointee to the Iowa Board of Nursing. Kramer has written several chapters for textbooks and in 2015, she was inducted into the National League for Nursing's Academy of Nursing Education, with the credential of "Fellow."

Over the last several years her work has been focused on the development of curriculum and more recently coordinating the regional accreditation of Allen College. This Higher Learning Commission accreditation is for the entire college versus a program, and if granted, is valid for 10 years.

"We've been working on the accreditation for two years," says Kramer. "It's been a huge challenge, but because of the great team, we completed it. While we won't know the results until August of this year, we are feeling positive."

Allen College President, Dr. Jared Seliger, has worked alongside Kramer, since taking on his position in January.

"Nancy is extremely knowledgeable in curriculum development and has done the preliminary curriculum plan for every program we have started in the last eight years," said Seliger. "This has been a huge advantage for us because when we bring on new faculty, the framework for the curriculum has already been developed."

Dr. Christina Ortiz was fortunate enough to have Kramer as a professor at all levels of her educational career. Now as a faculty member at Allen, Ortiz says not much changed in the way Kramer steps up to provide assistance to students or faculty.

"Dr. Kramer transferred that nursing empathy into academia," says Ortiz. "She was always one to ask how my research was going and checking in with me to see how teaching was going. She was present for us students, always had kind words of support and helped us find our paths. It was such a great experience for me, I want to do the same as Dr. Kramer."

Ortiz said that Dr. Kramer not only left a positive impact on students and faculty, but her work will positively impact Allen College for years to come.

"Between the program development and all the accreditations—she has had a tremendous impact on many aspects of Allen College," says Ortiz. "She won't want to take the credit, but she has done many great things for the College."

Once Kramer retires, she plans to spend time with her grandchildren and work on her family acreage in rural Buchanan County. She will not be going too far, however, as she says she will continue to serve out her current 3-year appointment to the Iowa Board of Nursing. In addition she will continue to serve as a peer evaluator for both HLC and CCNE as well as a team leader for the CCNE accreditation visits.

"Nancy's legacy will also be her passion for the nursing profession," said Seliger. "She has dedicated her life to serving others through her role as a nurse, nurse educator and college administrator."

Kramer said that it was a difficult decision to retire. Once she officially takes that step back, it may be her biggest challenge yet.

"Allen has been a part of my life for a long time, longer than I've had my husband, longer than my children," says Dr. Kramer. "I'm grieving a little, thinking of leaving something that's been such a big part of my life. I'll miss the Allen family and the people we serve."

# **Faculty and Staff Accomplishments**

Will Boelts, library assistant, passed the Alma Certificate exam and was certified. Ex Libris Alma-Primo is an integrated library system using a secure and scalable library software system for managing the cataloging, acquisition and use of resources of diverse formats.

**Dr. Lisa Brodersen**, professor, completed requirements for a PhD in Nursing with a minor in Research Methodology from Saint Louis University.

Dr. Dana Clasen and Abigail Nieman, assistant professors, became Quality Matters (QM) certified peer reviewers. QM is a leader in quality assurance for online education and has received national recognition for its peer-based approach and continuous improvement in online education and student learning. Allen College is committed to implementing the QM standards for the design of online and hybrid courses.

**LeeAnn Hoodjer**, assistant professor, had her Doctor of Nursing Practice (DNP) project featured in an article in Nursing in Action (a newsletter from Rush University). Her project, "Anxiety and Today's Kids" is designed to help them cope. Kara Howard, assistant professor, completed requirements for the Master of Arts degree in educational psychology from the University of Northern Iowa. She also successfully passed the American Registry of Radiologic Technologists (ARRT) Computed Tomography (CT) credentialing examination.

Margo Kreger, academic fieldwork coordinator and assistant professor, was selected to participate in the American Occupational Therapy Association (AOTA) Future of the Profession Townhall meeting at the AOTA national meeting. Margo spoke against the AOTA mandate of requiring OT programs to offer doctoral degrees by 2027.

Dr. Jackie Meyer, professor, was selected by the American Association of Colleges of Nursing (AACN) to join 48 other nursing faculty from across the nation to participate in the 2018 Leadership for Academic Nursing Program (LANP). The LANP is designed for those who have experience in academic administration and aspire to more senior administrative or executive positions within the nursing academic unit.

**Dr. Ashley Ollendieck**, assistant professor, completed requirements for the Doctor of Nursing Practice (DNP) degree at Clarke University.

**Dr. Cristina Ortiz**, assistant professor, completed requirements for the Doctor of Education (EdD) degree at Allen College.

**Dr. Jared Seliger**, president, accepted an invitation to become a member of the Iowa Campus Compact Board.

**Dr. Allison Stone**, assistant professor, completed requirements for the Doctor of Nursing Practice (DNP) degree at Clarke University.

Adrienne Urban, coordinator of grant services, completed requirements for a Master of Arts degree in technical communication from Minnesota State University, Mankato.

**Dr. Jeremy Whitaker**, director of the public health program and assistant professor, passed the credentialing examination for public health. Dr. Whitaker was also selected to serve on the 2018 lowa Public Health Association Board of Directors.

# **Alumni News**



**Beth Sullivan** 

ALUMNI RELATIONS DEVELOPMENT COORDINATOR Beth.Sullivan@unitypoint.org or (319) 226-2016

Allen College is on Facebook!

Check out the Allen College page for updates and events near you!

### **Alumni Updates**

Have you moved, gotten a new phone number, or changed email addresses? Update your contact information by emailing beth.sullivan@unitypoint.org or calling (319) 226-2016. This is also a great way to let us know what your communication preferences are (i.e. wish to receive mail or not receive mail).

### **Alumni Spotlights**

If you or someone you know would like to participate in our Monthly Alumni Spotlight series (see next page), please contact Beth Sullivan. Look for these spotlights on the Allen College Facebook page and on the Allen College website—alumni tab.

# **Alumni News**

### **Alumni Recognitions**

Tyler Jensen, 2016 BSN Alum—Received DAISY Award (April 2018)

Works at UnityPoint Health - Allen Hospital, Waterloo

Alisa Kluesner, 2013 BSN Alum—Received Caring Heart Award (February 2018)

Works at UnityPoint Health - Finley Hospital, Dubuque

Breanne Kraus, 2016 BSN Alum—Received DAISY Award (May 2018)

Works at Creighton University Medical Center – Bergan Mercy in Omaha, Nebraska

Cali Solsma, 2015 BSN Alum—Received DAISY Award (May 2018)

Works at Covenant Medical Center, Waterloo

Have you received an honor or award? Please let us know by contacting beth.sullivan@unitypoint.org.

# ALLEN COLLEGE GRADUATES HONORED IN 100 GREAT IOWA NURSES

In May, the 2018 Great Iowa Nurses were announced which included several alumni of Allen College. The 100 Great Iowa Nurses award recognizes nurses that have made meaningful, lasting contributions to their patients, colleagues, and the nursing profession, and are viewed as mentors to other nursing professionals. This year's honorees exemplify all of the principles on which the 100 Great Iowa Nurses Celebration was founded.

Congratulations to our Allen alumni!

<u>Name</u>	<u>Employer</u>	Year Year
Vikki Bridgford	UnityPoint at Home	2012
Melissa Bruch	UnityPoint at Home	1997
Teresa Culpepper	Covenant Medical Center	2011, 2016
Heather Hemann	Allen Digestive Health Center	2005
Karen Lutter	UnityPoint Health – Des Moines	2010

### **Alumni Spotlight**

#### **JANICE (JAN MARIE) WILSON OZIAS**

**Year Graduated**: 1968 (a remarkable year in contemporary American history)

**Position/Employer:** Currently retired from healthcare but volunteer with a high-tech startup company

#### Past Job titles:

Retired as Director, Texas Diabetes Council/ Program, Texas Dept. State Health Services (2001-2005) My nursing career was 24 years in School Health with 21 years as program supervisor in Austin public schools (91 campuses)

Two years as the medical underwriter for Texas Healthy Kids, the children's health insurance public-private partnership startup

# Why did you choose to pursue your education at Allen?

"The apple didn't fall far from the tree." I was born at Allen (Dr. Seibert)! Allen was the only option my parents knew, admired, and could afford. My mother Elsie Vaupel Wilson and my aunt Fern Wilson Andrews were Allen classmates in the first section 1948 class. I was destined to be a nurse (picture-right).



#### Accomplishments, awards, etc.

Accomplishments were really opportunities I was fortunate to see. I completed my BSN in Texas in 1971. Then while being a wife, mom, and working full-time, I finished an MA in Special Education in 1975 and PhD in Health Education in 1991. My dissertation research analyzed parents' health beliefs as they influenced follow-through on school nurses' spinal (scoliosis) screening referrals.

School health opened many doors: I joined multidisciplinary groups, e.g. American School Health Association (ASHA) which

led to consulting and editing health education textbooks for grades K-8 and college courses. I co-edited School Health Alert publications (1997-2014).

I was honored as an ASHA Fellow (1984) and served as chair of the US Pharmacopeia task force on Children and Medicines (1995-99).

#### How did Allen help prepare you for your career?

Like classic diploma programs, Allen graduates had self-confidence through the diverse experiences and knowing "why" not just "how" to deliver specific nursing skills/ actions. Allen and State College of Iowa (now UNI) courses allowed me to be the first University of Texas nursing student to challenge and get credit hours by exam for Human Physiology in addition to our SCI college hours.

#### What was your first job out of nursing school?

I had no "plan," but my dad saw the RN opening at the Iowa Braille & Sight-Saving School in Vinton, IA. I was young, fresh, and the sole RN who supervised LPNs and aides for 24/7 service and a whole building, now labeled "the old infirmary." Ta-da! I was on the path of school health with special needs kids.

Do you have any advice for current Allen College students?

Never stop learning. I challenged Dorothea Orem's belief that her Theory of Self Care did not apply to children. Our school nurse services were the first known to demonstrate that children

can and need to learn developmentally appropriate health decisions and self-care skills.

#### Any interests or hobbies?

Civic service including Leadership Austin events. I volunteer in my granddaughter's elementary school (picture-right).

For fun, I enjoy Formula 1 races and live music or plays in Austin.



# Alumni News

#### 2018 Alumni Hall of Fame Inductee



L-R: Dr. Jacki Jaspers, Alumni Advisory Board Chair; Sally Kelly; and Dr. Jared Seliger, Allen College President

In April, Allen College proudly inducted **Sally** (**Blitsch**) **Kelly**, Class of 1964, into the Allen College Distinguished Alumni Hall of Fame.

Kelly has a long and impressive career as a nurse and nurse educator. Sally has worked in the nursing profession for 54 years and continues to do so as a school nurse at Columbus Catholic High School. She

began her career at Cook County Hospital in Chicago and ended at Allen Hospital. She has worked in a variety of pediatrics positions, taught at Allen College and other institutions throughout the state for many years, and has a strong sense of community and community service. Kelly has a strong philosophy on nursing, believing that it is a nurse's privilege to care for the sick and their families, and feels very blessed to do such sacred work.

While Kelly has worked in many hospitals, and taught in many nursing educational institutions, she notes that Allen School of Nursing and Allen College has had the highest standards of any.

For a complete list of Distinguished Alumni Hall of Fame Inductees or to nominate someone, visit www.allencollege.edu/alumni-hall-of-fame.

### **Honor Class of 1968**



Every year, Allen College honors the 50-year class at the annual Alumni Reunion.

In April, the Class of 1968 was honored as the 50-year class. Sixteen members of the class were present and memories were shared by Becky Richardson, Jan Ozias and Fran Davis.

A photo slideshow highlighted memories from their time in nursing school and memorabilia

from Allen's history was displayed.

Lunch was served at the College and those celebrating their  $5^{th}$ ,  $10^{th}$ ,  $15^{th}$ ,  $20^{th}$ ,  $25^{th}$ ,  $30^{th}$ ,  $35^{th}$ ,  $40^{th}$ ,  $45^{th}$ ,  $55^{th}$ ,  $60^{th}$  and  $65^{th}$  anniversaries were also honored.

### **Upcoming Events**

#### Fall Alumni Receptions—Save the Date!

The Alumni Association will be hosting alumni receptions in four locations this year and we hope you can join us! Alumni of all ages and programs in these respected areas are welcome to join in on the fun. Come for a casual evening of drinks and appetizers in the company of fellow Allen College graduates. Postcard invitations will be mailed in September.

Each event will take place from 5-7 p.m. and you may come and go as you please.

- Des Moines Tuesday, September 25, 2018
- Rochester Tuesday, October 2, 2018
- Cedar Rapids/ Iowa City Tuesday, October 23, 2018
- Cedar Falls/ Waterloo Thursday, October 25, 2018

Please contact <a href="mailto:beth.sullivan@unitypoint.org">beth.sullivan@unitypoint.org</a> or call (319) 226-2016 with any questions.

#### 2018 Donate to Educate Results

A special thanks to everyone who helped make the 2018 Donate to Educate a success including our sponsors, attendees, generous donors and the Alumni Association Board for planning a great evening.

A total of 42 silent auction baskets were bid on and three raffle prizes were awarded. Allen alumnus Jeff Guse, ARNP was the emcee for the evening and the SingPins a cappella group provided the entertainment. Over \$13,000 was raised to benefit student scholarships!

#### Allen College Alumni Association Advisory Board

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# You can help

Shape the future of Allen College by donating to Allen College. Your generous donations will help finance special projects to enhance the quality of our education and the realm of our services. Contact Allen College or Allen Foundation to find out how you can make a difference, or donate online at www.allencollege.edu and click on Donate.

**Dr. Jared Seliger, President**Allen College – UnityPoint Health

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